# Nutrition/Health Volume Certification Section

Risk Factor 381 (Dental Problems) (2.03900)

ER# 2.03900

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POLICY: Risk factor 381 (Dental Problems) shall be assigned to participants who have

qualifying dental risks or oral problems. Procedures for obtaining data,

documentation and assigning risk factors shall be followed.

#### PROCEDURES:

### A. Obtaining Data:

- 1. The HPA, WIC Certifier or CPA must assess for dental risks by either:
  - a. Performing an oral inspection as outlined in the Health and Nutrition Assessment Handbook (HNAH).
  - b. Asking the following Mandatory Dental Health Questions (MDHQs):
    - i. Have you (or your infant/child) visited a dentist within the past 12 months? If no, continue with questions number 2 through 4, below, as appropriate.
      - a) If yes, did the dentist indicate any dental problem?
      - b) If no, no further assessment is needed, except for prenatal women and infants.
        - 1) For prenatal women, ask question number 4 below to screen for gum infection of pregnancy.
        - 2) For infants, ask question number two (2) below to screen for baby bottle tooth decay.
    - ii. Do you (or your infant/child) have tooth decay (including baby bottletooth decay), broken teeth, bleeding gums, gum infection (periodontal disease)\*, missing teeth and/or misplaced teeth that make chewing difficult?
    - iii. Do you (or your child) avoid certain foods that you would otherwise eat, or choose softer foods, because of chewing problems?
    - iv. For pregnant woman only: Do your gums feel swollen, sensitive, bleed easily or have a reddened appearance?

## B. Documenting:

1. The HPA, WIC Certifier or CPA shall document in MOWINS the following:

- a. how the oral assessment was performed {oral inspection (OI) or MDHQ's}
- b. the results of the oral assessment (e.g. MDHQ's asked and participant reported no problems with oral health and/or chewing)

## C. Assessing and Assigning:

- 1. The HPA, WIC Certifier or CPA shall manually assign risk factor 381 if any of the following exist:
  - a. There is diagnosis of dental problems by a dentist, physician or a health care provider working under the orders of a physician.
  - b. Baby bottle tooth decay (also known as nursing caries or early childhood caries), smooth surface decay is present in infants and children.
  - c. Tooth decay, broken teeth, gum infection (periodontal disease), tooth loss and/or ineffectively replaced teeth that impair the ability to chew food in adequate quantity or quality are present in women and children.
  - d. Gingivitis is present in pregnant women.
  - e. Oral inspection indicates a problem.
- D. Providing Appropriate Counseling (See <u>Counseling Guides</u> for suggested counseling). Refer to the <u>Nutrition Training Manual</u> for more information.
  - 1. Counseling and education shall be provided by the CPA.
  - 2. Document counseling contact in MOWINS.
- E. Providing Referrals
  - 1. Refer to dental health care provider, if needed; provide appropriate referral information and document in MOWINS.

<sup>\*</sup>Periodontal disease (gum infection) is evidenced by swollen, red, bleeding and inflamed gums.